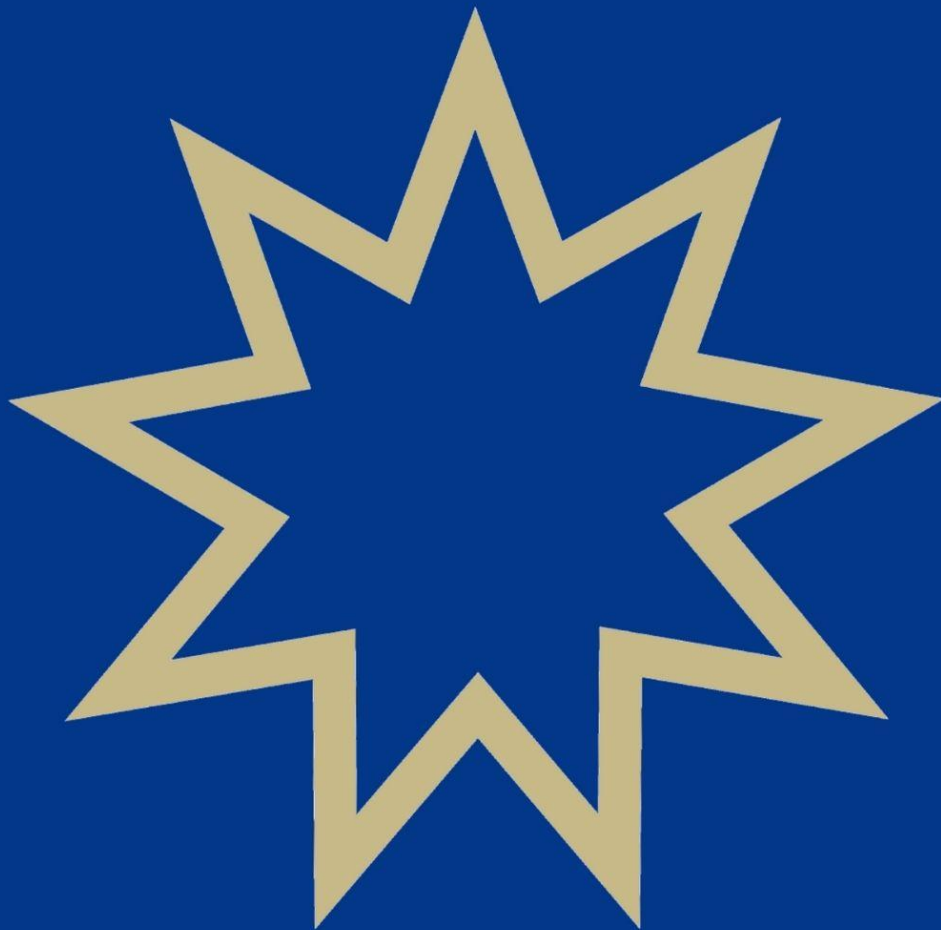


# Holy Days

Lyrics and Credits

# Holy Days



C O L B Y   J E F F E R S

# About Me

Hey what's up! I'm Colby Jeffers 😊. A little bit about me... I'm born and raised in Phoenix, Arizona 🌵. I make music to uplift 📶, educate 🧠, and inspire 💙. I believe in the power of positive change, and the need to promote love, unity, justice, and peace in all we do! ✌️



I am a member of the Baha'i Faith ☀️, so I believe in the oneness of humanity and seek to promote spiritual transformation in all of my endeavors 🙏. I am a husband and father, and love my family deeply! ❤️ I am passionate about community building and youth empowerment, and these passions all help inspire my music! 🎵

# The Album

"Holy Days" is my 6th music album! It is an inspirational hip hop album dedicated to the holy days and festivals of the Baha'i Faith.

## What is the Bahá'í Faith?

The Baha'i Faith is a world religion whose purpose is to unite all the races and peoples of the world. Members of the Baha'i Faith are called Baha'is which means "follower of Baha'u'llah"

In the traditions of almost every people there is a promise of a future when peace and harmony will be established on earth and humankind will live in prosperity. Baha'is believe that Baha'u'llah is the One who fulfills that promise by bringing teachings to enable humanity to build a new world.

The Baha'i Faith originated from the Bábí faith of the mid-19th century, whose Founder (the Báb) foretold the coming of the Promised One of all religions. Bahá'u'lláh declared in 1863 that He was this Promised One.

Bahá'u'lláh taught that religion is orderly and progressively revealed by one God through Manifestations of God who are the founders of major world religions throughout history; Buddha, Jesus, and Muhammad being the most recent in the period before the Báb and Bahá'u'lláh.

### **What is a "Holy Day"?**

The dictionary defines a holy day as "a day set aside for special religious observance". The introduction of the book *Days of Remembrance: Selections from the Writings of Bahá'u'lláh for Bahá'í Holy Days* elaborates further, stating:

*"The observance of holy days occupies a central place in every religion. Through their commemoration, the calendar year becomes the stage on which the signal events associated with the life and ministry of the divine Manifestations of God are annually remembered and honored. This remembrance has both a personal dimension, providing a time for reflection on the significance of these events, and a social dimension, helping to deepen the identity and foster the cohesion of the community."*

My aim with this album was to create a collection of songs that would bring out the spirit of each of the various Baha'i holy days and festivals, as well as help teach about their significance.

The creative process became a deeply personal experience, helping me to connect more with the various Baha'i holy days in a profound way. I came to better understand the feeling and energy of holy day, and I strove to channel that into each song.

The table on the following page lists out the various Baha'i holy days and festivals, a brief description of each, as well as when they are observed are the Baha'i calendar and Gregorian calendar.

Holy Day / Occasion	Description	Bahà'ì date	Gregorian date
Naw-Rùz	Bahà'ì New Year	Bahà 1	March 20/21
Rídvàn	Celebrates when Bahà'u'llàh publicly declared His station	Jalàl 13-Jamàl 5	April 20-May 1
Declaration of the Báb	Anniversary of the Báb's announcement of His mission in 1844.	'Aẓamat 8	May 23/24
Ascension of Bahà'u'llàh	Marking the passing of Bahà'u'llàh in 1892	'Aẓamat 13	May 28/29
Martyrdom of the Báb	Marks the date of the Báb's execution in 1850	Raḥmat 17	July 9/10
Birth of the Báb	Celebrates the day of the Báb's birth in 1819	Twin Holy Birthdays, celebrated on the first and second day after the eighth new moon following Naw-Rùz (mid-October to mid-November)	
Birth of Bahà'u'llàh	Celebrates the day of Bahà'u'llàh birth in 1817		
Day of the Covenant	Commemorates Bahà'u'llàh's appointment of His son, 'Abdu'l-Bahà, as the One to whom His followers should turn after His passing.	Qawl 4	November 25/26
Ascension of 'Abdu'l-Bahà	Marks the passing of 'Abdu'l-Bahà in 1921	Qawl 6	November 27/28
Ayyàm-i-Hà	The 'Intercalary Days', which is a period of celebration devoted to charity, gift-giving and festivities prior to the annual period of fasting	Intercalary Days	February 26-March 1
The Fast	The last month of the Baha'i calendar, when Baha'is abstain from food and drink between sunrise and sunset, as a test of one's will and discipline.	Month of Ala	March 2-20

# Album Credits

**Recorded at:** Tallcat Studios (<https://tallcatstudios.com/>)

**Mixed by:** BeatzbyLeksai (<https://www.instagram.com/beatzbyleksai/>)

## Instrumentals:

Track	Instrumental Producer
1) Naw-Rùz	Eugene Kachan (Trending Music)
2) Ridvàn	TCustomz Productionz
3) Declaration of the Bàb	Sugar Beats
4) Ascension of Bahà'u'llàh	EON
5) Martyrdom of The Bàb	Insane Beatz
6) Birth of The Bàb	Ice Tea Beats
7) Birth of Bahà'u'llàh	Reaktor Productions
8) Day of the Covenant	Nate Rhoads
9) Ascension of 'Abdu'l-Bahà	Shaun Frearson
10) Ayyàm-i-Hà	Liam Aidan
11) The Fast	Mase Beats

## 1) Naw-Rúz



**Holy Day Description:** Naw-Rúz marks the beginning of a new year in the Baha'i Calendar. Naw-Rúz is a celebration of a “spiritual springtime” that symbolizes both individual renewal and mankind’s revitalization.

## **Song Lyrics:**

### **[Intro]**

Yeah, uh-huh, happy Naw-Rúz!

### **[Chorus]**

Praised be Thou, pr-pr-praised be Thou, O my God (x 4)

### **[Verse 1]**

Naw-Rúz is festival to celebrate, commemorate,  
The blessings you get when you observe the Fast all for the love of God,  
Grant, O my Lord, that I can give my whole self to your Cause, uh huh,  
It's a New Day, time for a new way,  
Time to make a move hey, don't hit the snooze,  
Wake up and smell the fragrance of the roses, feel the breeze  
Of His holy Revelation wafting in between Earth and Heaven,  
Learn the lesson of the Holy Books, Sacred Scriptures,  
Messengers and Chosen Ones sent,  
And turn to the ocean of reunion leading to Him,  
Stand at the seat of Thy throne of His holy rule,  
This is the time to hear Thy wondrous call,  
From the Dayspring, sunrise, place of Dawn of Thine Essence,  
We are blessed with Thine holy presence,  
We implore Thee, Lord, by Thy name that transcendeth,  
All other names to guard us from the path of self and passion  
If you please then we humbly ask,  
To help the world become one unite and bring us all to,  
The spirit of this new day, yeah it's time for Naw-Rúz

### **[Chorus]**

Praised be Thou, pr-pr-praised be Thou, O my God (x 4)

### **[Verse 2]**

I yield Thee praise, O Lord, I yield Thee praise, O Lord my God,  
I yield Thee praise, O Lord, I yield Thee praise, O Lord my God,  
Assist me to arise to serve to Thee,  
Unfurl the banners of victory,  
In Thy land, thou art verily,

The Most Exalted, the Almighty,  
Purify me with the living waters, make me new,  
Purge me from whatever blocks my soul from loving you,  
Renew my vision, in awe of the view,  
Feeling fresh, celebrating Naw-Rúz,

**[Chorus]**

Praised be Thou, pr-pr-praised be Thou, O my God (x 4)



## 2) Ridván



**Holy Day Description:** Ridván, also known as the Most Great Festival, celebrates Baha'u'llah's time in the garden of Ridván on the outskirts of Baghdad in 1863 where He publicly declared His station as a Manifestation of God. The Ridván Festival is 12 days long, with the 1st, 9th, and 12th days having particular significance.

## Song Lyrics:

### **[Chorus]**

Celebrate! Time to celebrate, the Almighty turned creation into paradise,  
The Most Great! The most Great Festival of Ridván, the celebration has arrived,  
Praise His Name! The Promised One of All Ages has appeared with the name  
Bahá'u'lláh,  
Greatest Day! Behold the splendor and the glory singing praise Ya  
Baha'u'l-Abha,  
Celebrate! Celebrate, celebrate, O people of Bahá celebrate,  
The most Great! Praise God, and praise Bahá'u'lláh for this Most Great Day,  
Praise His Name! Alláh-u-Abhá, all praise Bahá'u'lláh, Ya Baha'u'l-Abha,  
Greatest Day! Alláh-u-Abhá, all praise Bahá'u'lláh, Ya Baha'u'l-Abha,

### **[Verse 1]**

Celebrate! Go and shake yourself up, all created things have been made new,  
The Most Great! Tarry not, feel the power of this Most Great Name over you,  
Praise His Name! All Loving, All Knowing, All Merciful, the All Glorious,  
Greatest Day! God opened up the Wine of Reunion, circle round and fill your  
cup,  
Celebrate! Drink deep of that everlasting life, everybody get your fill,  
The Most Great! The leaves, the breeze, the streams of Paradise proclaim He's  
been revealed,  
Praise His Name! The Most Exalted Pen, the Light, Divine, the treasured Gem  
Greatest Day! Every sweet smelling thing that's in creation got its fragrance  
'cause of Him,

### **[Chorus]**

Celebrate! Time to celebrate, the Almighty turned creation into paradise,  
The Most Great! The most Great Festival of Ridván, the celebration has arrived,  
Praise His Name! The Promised One of All Ages has appeared with the name  
Bahá'u'lláh,  
Greatest Day! Behold the splendor and the glory singing praise Ya  
Baha'u'l-Abha,  
Celebrate! Celebrate, celebrate, O people of Bahá celebrate,  
The most Great! Praise God, and praise Bahá'u'lláh for this Most Great Day,  
Praise His Name! Alláh-u-Abhá, all praise Bahá'u'lláh, Ya Baha'u'l-Abha,  
Greatest Day! Alláh-u-Abhá, all praise Bahá'u'lláh, Ya Baha'u'l-Abha,

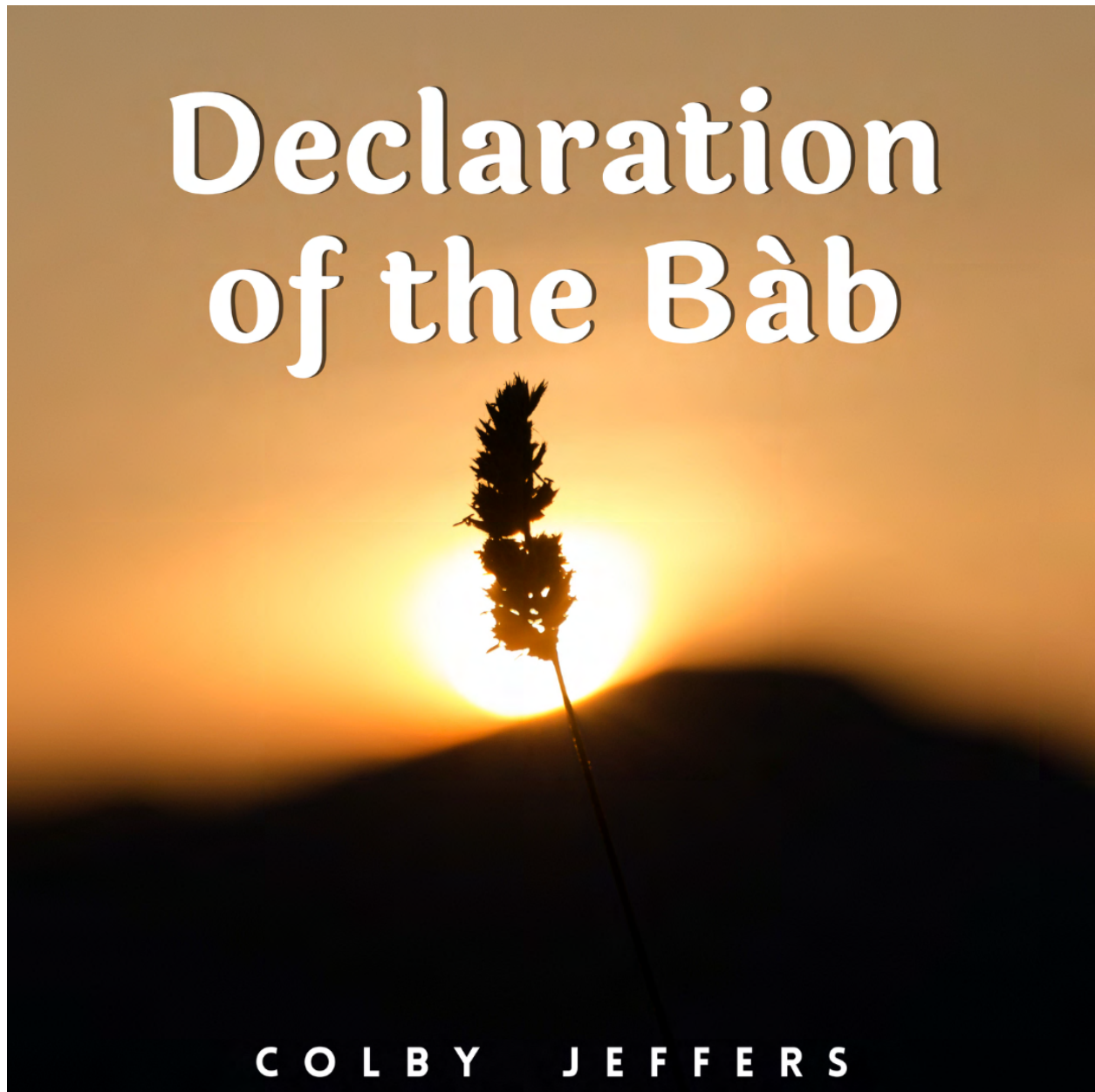
**[Verse 2]**

Celebrate! And rejoice with exceeding gladness on this day of people of Bahá,  
The Most Great! The Voice of God has been revealed and spoken through His  
Holiness Bahá'u'lláh,  
Praise His Name! He it is, The Ancient King Who is established on His Throne  
that's luminous,  
Greatest Day! Feel the joy from the appearance of the dayspring of resplendent  
holiness,  
Celebrate! All hail to this Festival of the Lord, praise the Most High,  
The Most Great! All things have been adorned with the names of God's light,  
see the shine,  
Praise His Name! The Almighty, Ancient Beauty, Help in Peril, Sovereign King,  
the Unconstrained,  
Greatest Day! The Promised Day of God is come, behold the Throne, the King of  
Kings has come to reign,

**[Chorus]**

Celebrate! Time to celebrate, the Almighty turned creation into paradise,  
The Most Great! The most Great Festival of Ridván, the celebration has arrived,  
Praise His Name! The Promised One of All Ages has appeared with the name  
Bahá'u'lláh,  
Greatest Day! Behold the splendor and the glory singing praise Ya  
Baha'u'l-Abha  
Celebrate! Celebrate, celebrate, O people of Bahá celebrate,  
The most Great! Praise God, and praise Bahá'u'lláh for this Most Great Day,  
Praise His Name! Alláh-u-Abhá, all praise Bahá'u'lláh, Ya Baha'u'l-Abha,  
Greatest Day! Alláh-u-Abhá, all praise Bahá'u'lláh, Ya Baha'u'l-Abha,

### 3) Declaration of the Báb



**Holy Day Description:** The Declaration of the Báb commemorates when Siyyid Ali-Muhammad announced on May 22rd, 1844 that He was the bearer of a Divine Revelation whose aim was to prepare the world for “Him Whom God Shall Make Manifest,” a Messenger of God known as Baha’u’llah. Baha’is refer to Siyyid Ali-Muhammad by His title, the Bab, which is Arabic for “the Gate”.

## Song Lyrics:

### **[Intro]**

*What a day! What a day to be alive!*

### **[Verse 1]**

The world was set to change it started with a conversation,  
A fervent seeker on a quest received a confirmation,  
A new era for the human race leading to Paradise,  
Just need to walk through the Gate, yeah,  
The year was 1844, the world was turbulent,  
Many thought the Promised One was coming,  
They were searching for Him,  
And one of them was Mulla Husayn,  
His heart drawn to Shiraz, he pulled up to the gate, yeah,  
He was greeted by a young man that was radiant,  
Though he was a stranger he still greeted him just like a friend,  
Overwhelmed by His kindness and grace,  
Invited to His home, so he followed the gait, yeah,  
The two of them went on to spend the night in conversation  
And by the end this man would make a Mighty Declaration,  
The Promised One Mulla Husayn attained,  
Verily I say, I am the Báb, the Gate, yeah,

### **[Bridge / Quote]**

*"This night...this very hour will, in the days to come, be celebrated as one of the greatest and most significant of all festivals. Render thanks to God for having graciously assisted you to attain your heart's desire, and for having quaffed from the sealed wine of His utterance."*

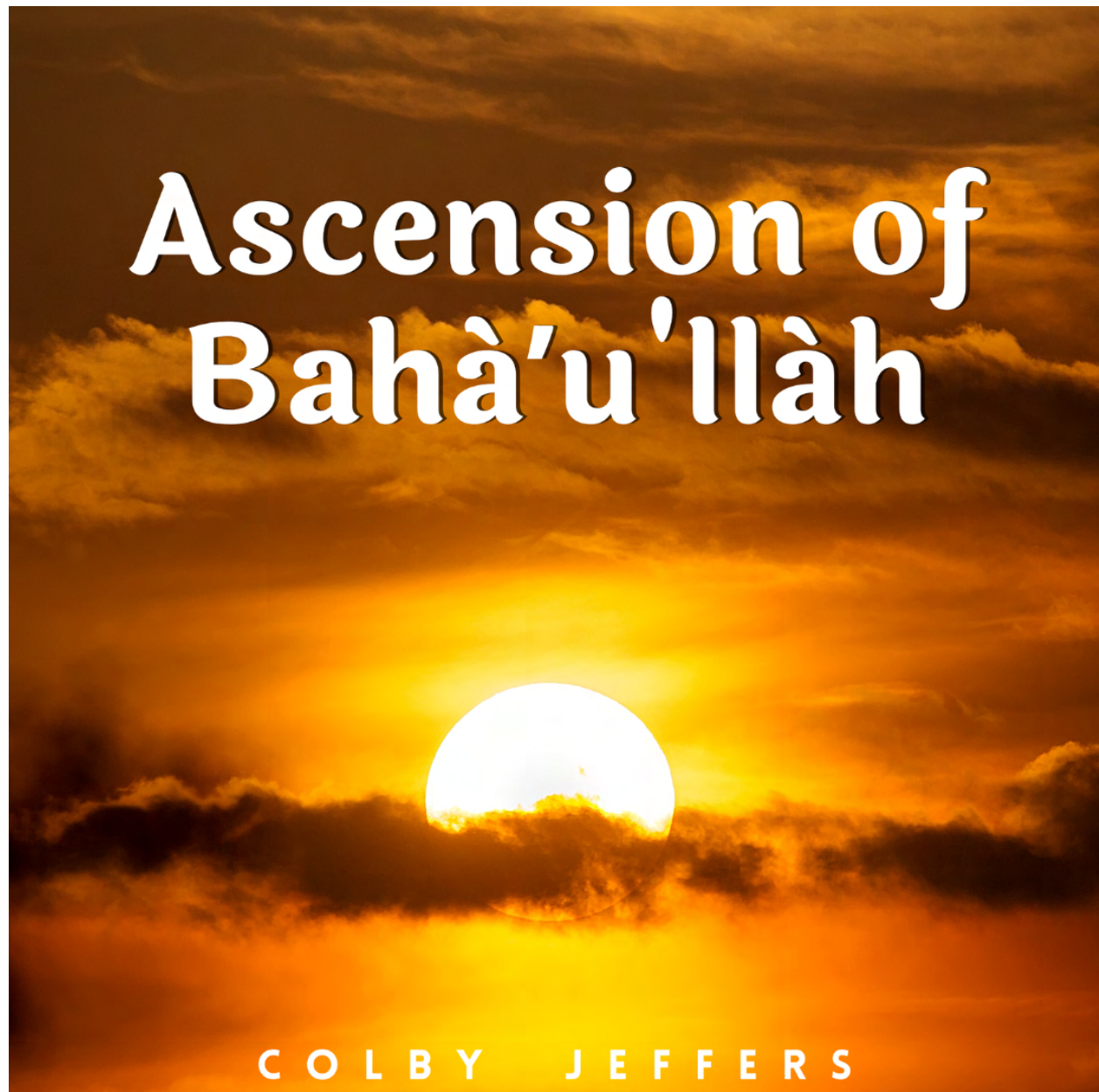
### **[Verse 2]**

*This immortal Youth, came with a mighty name,  
This immortal Youth, came with a mighty cause,  
This immortal Youth, came with a mighty spirit,  
Verily, I say I am the Báb, yeah,  
This immortal Youth, came with a mighty name,  
This immortal Youth, came with a mighty cause,  
This immortal Youth, came with a mighty spirit,*

*Verily, I am the Gate of God, yeah,  
Now it's time to play the anthem, soul-entrancing melodies,  
Ring out the bell, sound the clarion, play the strings,  
Sound the blast of the trumpet sounding out from Paradise,  
Feel the song singing out to the birds, and trees,  
And the clouds, and the seas,  
All the world feel the breeze of Divine Unity,  
See the light shimmering, Nightingales warbling,  
For this Youth, we all praise, we all sing, yeah,  
O ye lovers, behold the beauty,  
O ye lovers, sever your heart from all things,  
And be free from the world,  
Of every idle fancy and every vain imagining,  
O ye lovers, do not await, find your way through the Gate, yeah,*



## 4) Ascension of Bahà'u'llàh



**Holy Day Description:** The Ascension of Bahá'u'lláh is the commemoration of when Bahá'u'lláh, the Prophet-Founder of the Baha'i Faith, passed away on May 29, 1892. The final resting place of Baha'u'llah, known as the Shrine of Baha'u'llah, is located in Bahji (in present day Israel), and is the Point of Adoration to which Baha'is turn when reciting their Obligatory Prayer.

## Song Lyrics:

### **[Verse 1]**

*I bear witness that he who hath known Thee hath known God,  
and he who hath attained unto Thy presence hath attained unto the presence of  
God,*

O Bahá'u'lláh  
O Bahá'u'lláh  
Bahá'u'lláh

*May my spirit be a sacrifice to the wrongs Thou didst suffer, and my soul be a  
ransom for the adversities Thou didst sustain.*

O Bahá'u'lláh  
O Bahá'u'lláh  
Bahá'u'lláh

### **[Verse 2]**

From His early childhood, He showed signs of greatness,  
He was endowed by God with a knowledge that was innate,  
His only wish as a young man was to help the poor and the oppressed,  
Refused a position with the King to champion the cause of justice,  
The moment He heard of the Báb, Bahá'u'lláh declared His belief,  
The leaders rejected the Message, determined to quench it, beginning the  
suffering,  
Arrested and put in chains, in a dungeon so cold and darker than night,  
In the depths of this prison, God revealed to Bahá'u'lláh He was the Light,  
O Bahá'u'lláh,  
You were the Promised One, chosen by God to bring light to humanity,  
Your heart burned with love, in return, you were banished and sent out into the  
cold,  
They threw You in prison, You brought teachings to free and liberate the soul,  
You embraced all the world, rejected by all but the pure in heart,  
You drank the cup of sorrow til the day that your Heavenly Soul would depart,  
You accepted to be abased to exalt the people, if only they knew,

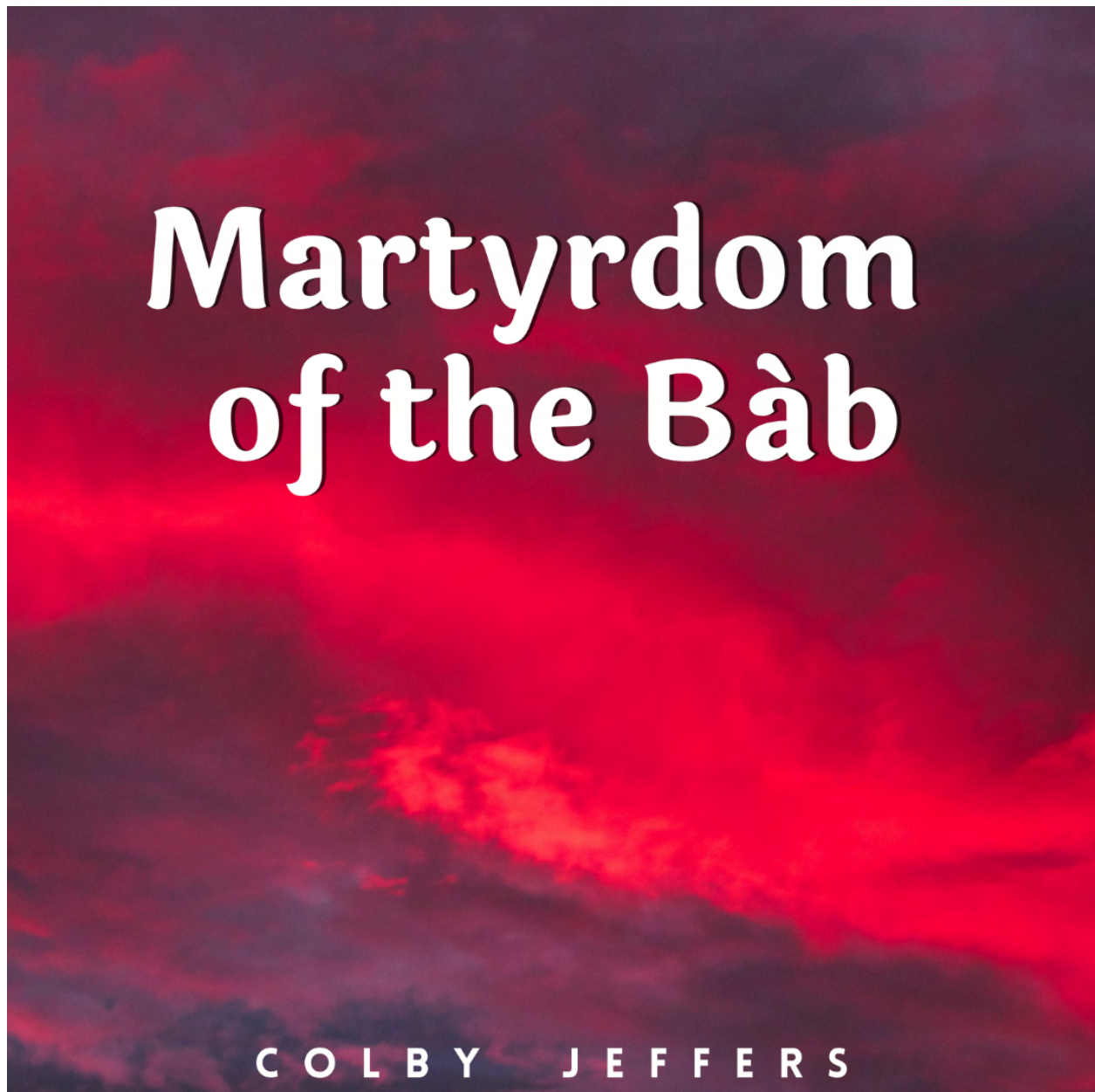


The One that was Promised to bring down the Kingdom of God to the world, it was You,

**[Outro]**

*I bear witness that he who hath known Thee hath known God,  
and he who hath attained unto Thy presence hath attained unto the presence of  
God,*

## 5) Martyrdom of The Báb



**Description:** The Martyrdom of The Báb took place on July 9th, 1850, when the Báb was executed in Tabriz, Persia by a firing squad of 750 men. In 1909, after being hidden away for more than half a century, the Bab's remains were finally interred on Mount Carmel, Israel.

## Song Lyrics:

### **[Intro / Quote]**

*"Thou hast known how grievously the Prophets of God, His Messengers and Chosen Ones, have been afflicted. Meditate a while on the motive and reason which have been responsible for such a persecution. At no time, in no Dispensation, have the Prophets of God escaped the blasphemy of their enemies, the cruelty of their oppressors, the denunciation of the learned of their age, who appeared in the guise of uprightness and piety. Day and night they passed through such agonies as none can ever measure, except the knowledge of the one true God, exalted be His glory."*

### **[Verse 1]**

The time had come to release the sun, new dawn is rising,  
"The Promised One" from the Ancient Tongue, cutting like a sword, dividing,  
Praying every day for the Messiah, Qá'im, Mahdi when will you arrive?  
Everybody cried out, invoked His name for a thousand years and now,  
Trying to put His light out, stars falling out the sky,  
Cuz the low made high and the high made low,  
Where the crown? Rulers and the kings got it upside down,  
Give it to one's who would die for the Cause lay it down right now,  
The martyrs' blood is the water for this seed in the ground,  
They asked...

### **[Chorus 1]**

"Who do you claim to be?"  
He said *"I am, I am, I am the Promised One"*  
To make it clear as the noonday sun for all to see,  
Those that arose knew what their fate would be,  
Shed their blood on the dust as a martyr in the path of God,  
To reveal His light for all to see,  
Shaykh Ṭabarsí, "Mount your steeds, O heroes of God"  
Was the call by Mullá Husayn,  
Who without the Cause of God would've never come to be,  
The most holy youth, Quddús, the great peerless one Vahid,  
Táhirih the pure ripped the veils off their eyes so that all could see!

### **[Verse 2]**

Now we're back in Tabriz, in the prison cell with the Báb, His fate coming soon,  
His face filling up the room with delight and glee,  
The guard interrupts a conversation, saying it's time to leave,  
*"Not until I have said to him all those things that I wish to say can any earthly power silence Me."*

He took the Báb and Anís with iron collars around their necks,  
Overwhelmed with blows and disrespect he paraded them through the streets,  
Delivered the prisoners into the hands of the general,  
And his whole regiment but he was feeling anxiety,  
Afraid of the wrath of God, Sam Khan approached the Báb,  
He said *"I profess the Christian Faith and entertain no ill will against you. If your Cause be the Cause of Truth, enable me to free myself from the obligation to shed your blood."*

The reply was to proceed, and if your intention be sincere you will surely be relieved.

Ten thousand gathered in view to witness history,  
750 soldiers fired their rifles and up went the smoke so that none could see,  
When it cleared away all the ropes had been torn by the bullets,  
And the Báb had left the scene,

### **[Chorus 2]**

The Báb has gone from our sight,  
The crowd crying out with astonishment, fear, and confusion,  
As everyone clamored from every side,  
A frenzied search for the Báb came to an end just a few feet away,  
Back in His cell in the barracks,  
The Báb was completing His interrupted conversation with Siyyid Husayn,  
The Báb addressed the attendant,  
*"I have finished My conversation. Now you may proceed to fulfill your intention."*  
The firing squad was replaced, the martyr's crown was His fate,  
Nailed up to the wall, these were the last words from the Gate:

### **[Outro / Quote]**

*"O wayward generation! Had you believed in Me every one of you would have followed the example of this youth, who stood in rank above most of you, and would have willingly sacrificed himself in My path. The day will come when you will have recognized Me; that day I shall have ceased to be with you."*

## 6) Birth of the Báb



**Holy Day Description:** The Báb was born in Shiraz, Iran on October 20, 1819. In the Baha'i calendar, the Birth of the Báb and the Birth of Baha'u'llah are celebrated one after the other in one festival referred to as the "Twin Holy Days".

## Song Lyrics:

### **[Intro]**

To all who've come to honor the Herald of a New Dawn,  
My dearly loved Friends, it's time to get your celebration on,

### **[Verse 1]**

Consider this...

When a Messenger of God appears to bring us to a New Day,  
Such a moment, what would we expect, what do you say?  
Obvious to all or do you need to search with true faith?  
Let me break it down, here's the code to get you through the Gate,  
Every divine Educator came to propel the human race,  
To get us back on track fast, kinda like Usain,  
Not a bolt from the blue,  
They always promised that another Messenger would appear in time,  
Ain't a doomsday,  
They taught us to unite, clan to tribe, to state, to the nation,  
And now a new fate for all of humanity,  
With the coming of a youth named Siyyid 'Alí-Muhammad,  
The Báb, He was the true Gate to the Promised One of God,  
Who was born as Mirza Husayn Ali Nuri, known as Baha'u'llah,  
Illuminating the Light of God for the world to get our view straight,  
Twin Luminaries for this Day, call it Tuesday,

### **[Chorus]**

They brought teachings to unite humanity, (humanity)  
To a level that the world has never seen, (never seen)  
Don't sleep, cuz this goal is not a dream,  
Make it happen with some pure and goodly deeds, yeah,

### **[Verse 2]**

Spiritual forces released, but they're still skeptical,  
Many were blind to His Station without the spectacles,  
Kinda like a thief in the night, He was prophetic,  
A late evening conversation with Mulla Husayn to declare His station,  
And from that moment His Pen was flowing disclosing profound truths,  
Dismissing superstitions brought the leaders to account to,

Shine a light on the hypocrisy and show the world how to,  
Leave the ways of the lost and now He found You!

*“O peoples of the earth! Verily the resplendent Light of God hath appeared in your midst... that ye may be guided aright to the ways of peace and, by the leave of God, step out of the darkness into the light and onto this far-extended Path of Truth.”*

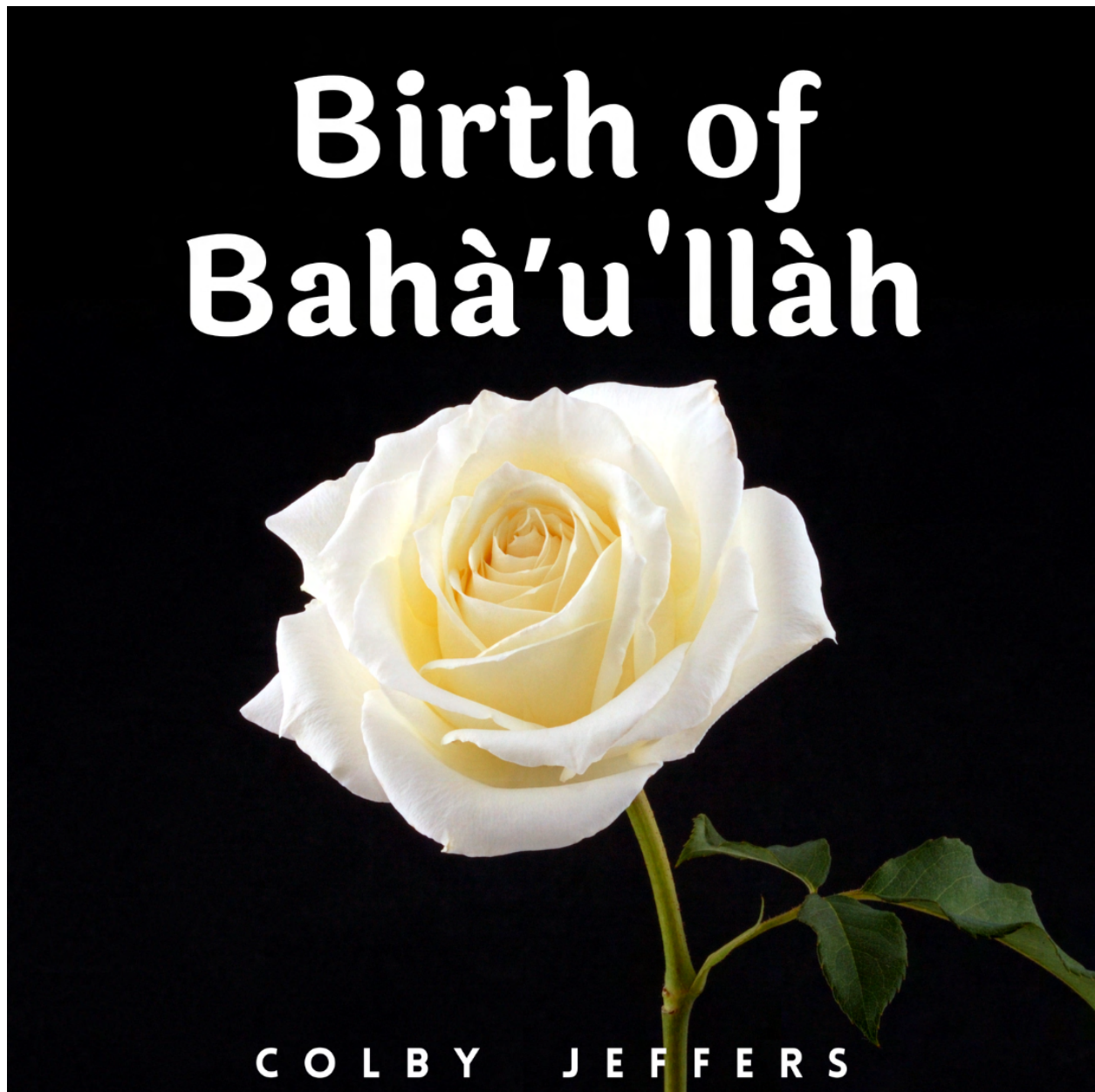
The path of selfless steadfast service, not a path for just a few,  
The Cause of the Báb and Baha'u'llah is open wide,  
To anyone who seeks to promote the oneness of humankind, yo,  
That brings us to the crux of the case,  
Is this just another noble cause or the one that will save the human race?  
Search your soul for the right response to the call to unite,  
What other purpose is more worthy of your life? (of your life)

**[Chorus]**

‘They brought teachings to unite humanity, (humanity)  
To a level that the world has never seen, (never seen)  
Don’t sleep, cuz this goal is not a dream, (not a dream)  
Make it happen with some pure and goodly deeds, yeah,



## 7) Birth of Bahà'u'llàh



**Holy Day Description:** Baha'u'llah, was born in Tehran, Iran on November 12, 1817. The Twin Holy Days are celebrated annually as one festival where the closely interwoven missions of these two Divine Luminaries are remembered together.



## Song Lyrics:

### **[Intro]**

To all who celebrate the Glory of God,  
My dearly loved friends, raise those hands up high,

### **[Verse 1]**

Yo, this is a truth that we maintain,  
God is always with us and He opens up the gate of grace,  
Every now and then by sending us an Emissary,  
Shining God's light on the world like a Luminary,

### **[Chorus]**

We would be nowhere without Them,  
There is just no doubt about it, ooo yeah,  
Calling the people to rise up,  
Shining out the light of God's faith for a new day,  
Word of God flowing out like a fountain,  
So I'm telling them read all about it, ooo yeah,  
Made us all new when we found Them,  
Now we're trying to make the world a better place for the human race,

### **[Verse 2]**

They revolutionized thought,  
Unlocked new knowledge with the Teachings that they taught,  
Inspired the rise of new civilizations,  
And we acclaim Bahá'u'lláh as such a figure for today,  
When that long-promised time for humanity,  
To live side to side in peace and unity,  
As a youth seemed to be touched by Heaven's light,  
Yet He was made to suffer for 40 years as an exile and a prisoner,  
Bearing it with love and compassion, completely unperturbed,  
Diagnosing the world's ills, with remedies to heal,  
A life such as His,  
If this be not from God, then I don't know what is...

**[Chorus]**

We would be nowhere without Them,  
There is just no doubt about it, ooo yeah,  
Calling the people to rise up,  
Shining out the light of God's faith for a new day,  
Word of God flowing out like a fountain,  
So I'm telling them read all about it, ooo yeah,  
Made us all new when we found Them,  
Now we're trying to make the world a better place for the human race,

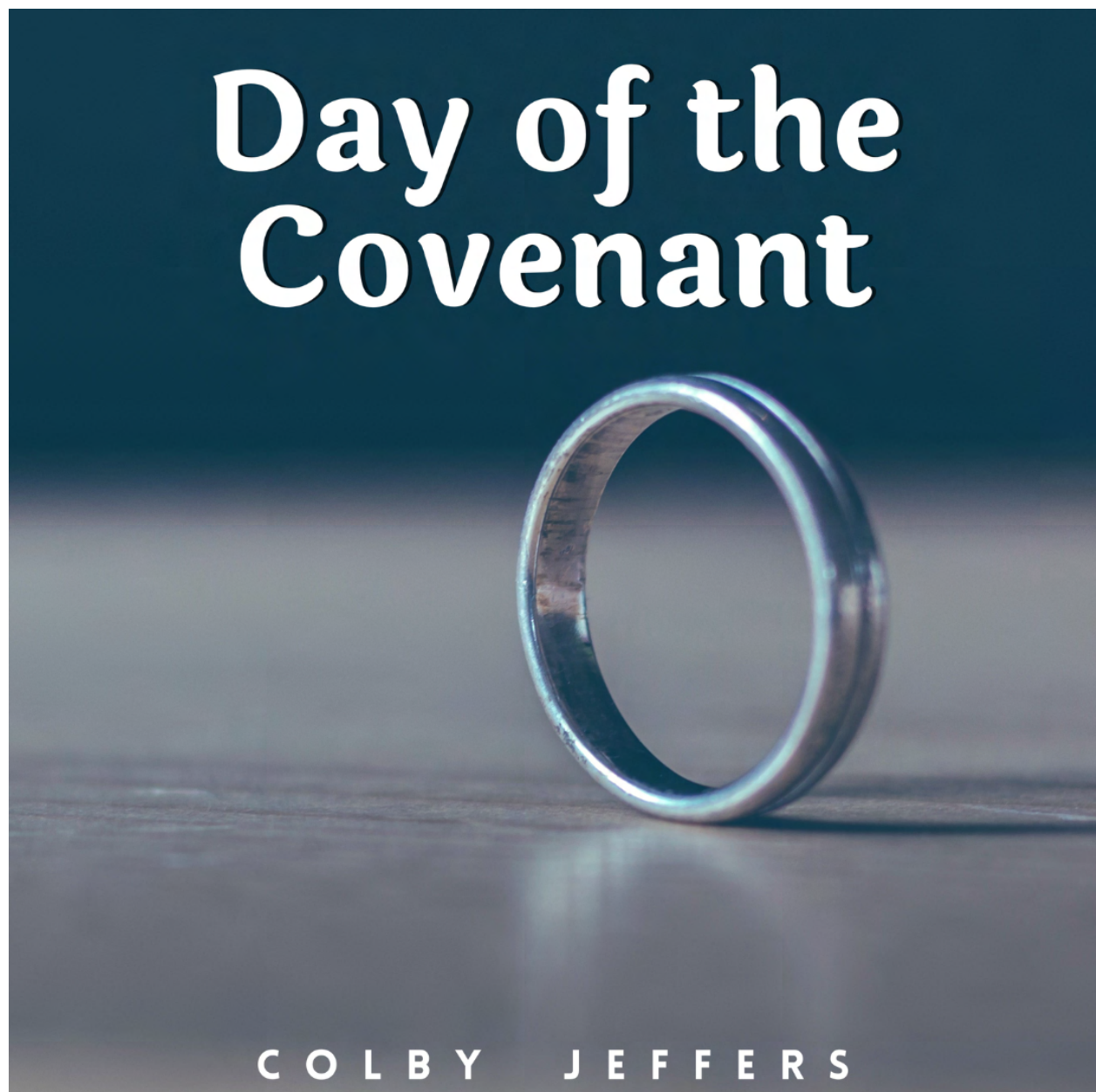
**[Verse 3]**

Words flowing like a river from His pen,  
Like a gift to your spirit, Bahá'u'lláh's Revelation,  
Beautiful prayers to make your soul go up,  
To befittingly worship your Maker, fill my cup, yeah,  
Deeper in the ocean are the spiritual laws,  
That liberate your spirit, enduring ideals which upon,  
The journey of the human race to reach higher forms of unity,  
Who should respond and act on this message if not you and me?  
So bestir yourselves and come examine the truth,  
The reputation of religion has suffered,  
But true religion can be known by its fruits,  
The capacity to transform and unite,  
Bahá'u'lláh summons humanity to live a life of service to others,  
So that a world civilization can be built,  
If His vision doesn't build hope for the future, I don't know what will,

**[Chorus]**

We would be nowhere without Them,  
There is just no doubt about it, ooo yeah,  
Calling the people to rise up,  
Shining out the light of God's faith for a new day,  
Word of God flowing out like a fountain,  
So I'm telling them read all about it, ooo yeah,  
Made us all new when we found Them,  
Now we're trying to make the world a better place for the human race,

## 8) Day of the Covenant



**Description:** In His Will, Baha'u'llah instructed all to turn to His eldest Son, Abdu'l-Baha, not only as the authorized interpreter of the Baha'i Writings but also as the perfect exemplar of the Baha'i Faith's spirit and teachings. Every year Baha'is celebrate Abdu'l-Baha as the Centre of Baha'u'llah's Covenant.

## Song Lyrics:

### **[Chorus x 2]**

Look at me, follow me, be as I am,  
Look at me, follow me, be as I am,  
'Abdu'l-Bahá (Service, service, service, service),  
'Abdu'l-Bahá (Service, service, service, service),

### **[Verse 1]**

No words can truly describe the station,  
Occupied by 'Abdu'l-Bahá in this Holy Dispensation,  
His position is mystical, mysterious, magical,  
Mesmerizingly magnetic personality,  
And radically unique in the entire field of religious history,  
Center of the Covenant guaranteed ultimate victory,  
An instrument to ensure unity of the Faith of Baha'u'llah,  
Was never to be broken so turning to Him was turning to God, yeah,  
Infallible Interpreter of the Word and Teachings of Baha'u'llah,  
He taught us all how to serve,  
'Abdu'l-Bahá, if He's a sun, we are merely a candle,  
We look to Him as our guiding light, He's the Perfect Example,  
That's why He said,

### **[Pre-Chorus x 2]**

Look at me, follow me,  
Look at me, follow me, yeah,

### **[Chorus x 2]**

Look at me, follow me, be as I am,  
Look at me, follow me, be as I am,  
'Abdu'l-Bahá (Service, service, service, service),  
'Abdu'l-Bahá (Service, service, service, service),

### **[Verse 2]**

I look to You when I'm trying to be content with less,  
I follow You in order to bring others happiness,  
You know what's in my heart, I try to keep it pure,  
When times are tough I just remember all that You endured,

Your generosity was always flowing like a fountain,  
Caring for the poor and sick you gave them hope no doubt about it,  
You bring me joy, that's wings to fly,  
For You, I look to find the good in others, optimize,  
Teach the Faith, serving God, love humanity,  
You showed the world and everyone what a Baha'i should be,  
Words that seem so out of reach, spend my whole life trying,  
Look at Me, follow Me... be as I am,

**[Pre-Chorus x 2]**

Look at me, follow me,  
Look at me, follow me, yeah,

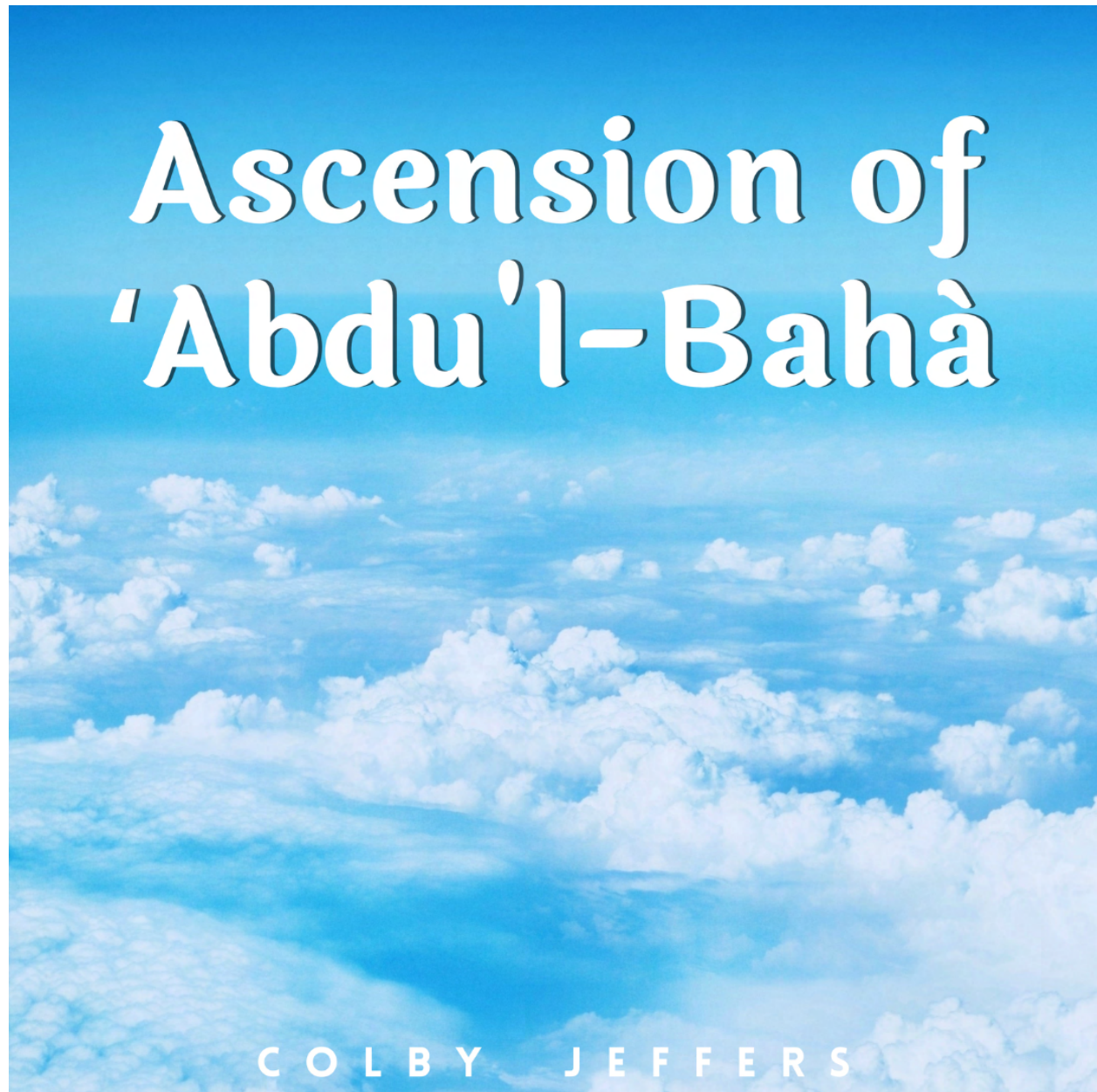
**[Chorus x 2]**

Look at me, follow me, be as I am,  
Look at me, follow me, be as I am,  
'Abdu'l-Bahá (Service, service, service, service),  
'Abdu'l-Bahá (Service, service, service, service),

**[Outro]**

*"Look at me, follow me, be as I am... ye must die to yourselves and to the world,  
so ye shall be born again and enter the kingdom of heaven. Behold the candle,  
how it gives light. It weeps its life away drop by drop in order to give forth its  
flame of light."*

## 9) Ascension of 'Abdu'l-Bahà



**Holy Day Description:** Abdu'l-Baha, which means “the Servant of Baha”, passed away on November 28, 1921, He was eulogized as One who led humanity to the “Way of Truth,” as a “pillar of peace” and the embodiment of “glory and greatness.”

## Song Lyrics:

### **[Verse 1]**

May 22, 1844,

The day a new religion and a blessed soul were born,  
In the city of Shiraz, Iran a new religion was formed, Declaration of the Bab,  
And in Tehran, on that very same night,  
Baha'u'llah and Navvab brought to light the life of Abdu'l Baha,  
The Mystery of God and Perfect Exemplar of the teachings of Baha'u'llah,  
Royal was his family line,  
His lineage as a child gave him privilege for a time,  
But that all changed when He was 8 years old,  
His father, Baha'u'llah, thrown in prison in the cold, dark pit,  
Cuz He followed the Bab,  
On His neck heavy chains,  
By this sight Abdu'l Baha would never be the same,  
His greatest wish was to protect His Father from every burden,  
Offer up His life as a humble servant, He prayed...

### **[Chorus]**

*O Lord, my God! Give me Thy grace to serve Thy loved ones, strengthen me in my servitude to Thee... Make me as dust in the pathway of Thy loved ones, and grant that I may offer up my soul...*

### **[Verse 2]**

Baha'u'llah and His family were banished from their home land,  
Never to return again,  
And through it all, 'Abdu'l-Bahá was right by Baha'u'llah's side,  
Gave His life as a sacrifice,  
He was His shield, protector, secretary, servant,  
Chief representative, a love so fervent,  
And pure, selfless, radiant, generous,  
Served Baha'u'llah til the day He was laid to rest. He prayed...

### **[Chorus]**

*O Lord, my God! Give me Thy grace to serve Thy loved ones, strengthen me in my servitude to Thee... Make me as dust in the pathway of Thy loved ones, and grant that I may offer up my soul...*

**[Verse 3]**

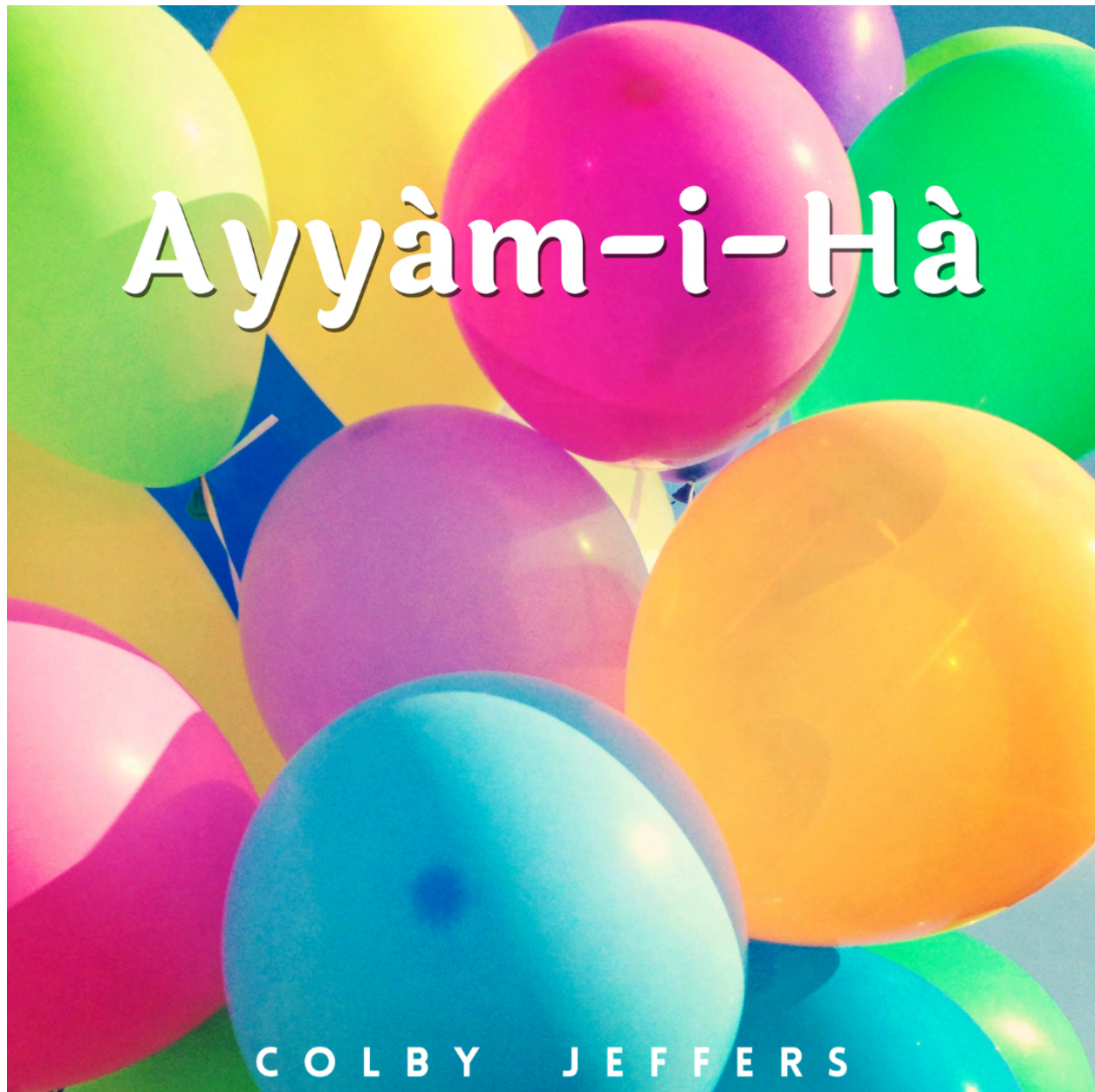
You became the Center of the Faith,  
Bringing the Cause to new lands, showing the way,  
To teach, to serve, to love, to pray,  
Your words and deeds all had 1 mission: building unity,  
You never ceased in your efforts,  
Caring for the poor, writing to the friends,  
Traveled to West, beautifying the Holy Land,  
The world mourned when you left the Earth,  
But you're with us always, so we arise to serve and pray...

**[Chorus]**

*O Lord, my God! Give me Thy grace to serve Thy loved ones, strengthen me in my servitude to Thee... Make me as dust in the pathway of Thy loved ones, and grant that I may offer up my soul...*



## 10) Ayyàm-i-Hà



**Festival Description:** Ayyam-i-Ha is a Baha'i festival centered on hospitality, generosity, and caring for the needy. It typically falls around the end of February and beginning of March and it is either four or five days long.

## Song Lyrics:

### **[Intro]**

Haha, yeah, it's party time, woo, yeah,

### **[Verse 1]**

It's a time to laugh and for good cheer,  
Spreading joy to others that's why we're put here,  
Help your fam, and the poor, and the needy,  
And when you do you get a really good feeling,  
In your heart, in your heart,  
Cuz we're spreading love near and far,  
So raise your hands and praise the Lord,  
And say Allah'u'Abha, cuz it's Ayyám-i-Há,

### **[Chorus x 2]**

Ayyám-i-Há  
Come on everybody up,  
It's time to move your body, yeah,  
Cuz we're jolly and we party on Ayyám-i-Há, yeah

### **[Verse 2]**

You can find me out serving my community,  
Everyone join the fun, surely you will see,  
When you're helping others happiness increases  
And when you do you get a really good feeling,  
In your heart, in your heart,  
Cuz we're spreading love near and far,  
So raise your hands and praise the Lord,  
And say Allah'u'Abha, cuz it's Ayyám-i-Há,

### **[Chorus x 2]**

Ayyám-i-Há  
Come on everybody up,  
It's time to move your body, yeah,  
Cuz we're jolly and we party on Ayyám-i-Há, yeah

***[Bridge x 2]***

Ayyám-i-Há, what a gift it is,  
Wrapped in every heart, so much love to give,  
So join along, cuz we're laughing and singing,  
Ayyám-i-Há, come on say it with me,

***[Chorus x 2]***

Ayyám-i-Há  
Come on everybody up,  
It's time to move your body, yeah,  
Cuz we're jolly and we party on Ayyám-i-Há, yeah

***[Outro Chorus]***

We party on Ayyám-i-Há, yeah, yeah  
Cuz we're jolly and we party on Ayyám-i-Há, yeah,  
Ayyám-i-Há,  
Come on everybody up,  
It's time to move your body, yeah,  
Cuz we're jolly and we party on Ayyám-i-Há, yeah

## 11) The Fast



**Description:** The Baha'i Fast falls during the month of Ala—the last month of the Baha'i calendar. During these 19 days, Baha'is abstain from food and drink between sunrise and sunset. While this abstention from food and drink is a test of one's will and discipline, the Fast is not just about abstaining from food. The Fast is, primarily, a spiritual practice.

## Song Lyrics:

### **[Intro / Quote]**

*"These are the days of the Fast. Blessed is the one who through the heat generated by the Fast increaseth his love, and who, with joy and radiance, ariseth to perform worthy deeds. Verily, He guideth whomsoever He willeth to the straight path."*

### **[Verse 1]**

Difficult and toilsome? Outwardly!  
Inwardly? It's a bounty!  
God surrounds me, renounce all save Him,  
Purification and training are conditioned,  
Dependent on rigorous exercise,  
That's why you see me getting up before the sunrise,  
I could be lifting weights, watching my muscles grow,  
But I'm deep in prayer, my soul's getting swell!  
Set forth from the Book, a token of grace,  
To help my spirit soar, I'm trying to elevate!  
Celebrate the Well Beloved, the Most High,  
As I sacrifice, I draw nigh!  
This remedy is supreme, it's healing up my disease,  
Of self and passion, make me a hollow reed!  
The pangs and pains help me to understand  
The woes and sufferings of my fellow man, that's why I fast!

### **[Chorus x 2]**

I fast to regenerate heat,  
I fast rising closer to the Thee, (to Thee, to Thee)  
I fast watch it elevate me,  
So fast like it's growing me wings. (that's why I Fast)

### **[Verse 2]**

Not a time to play, I stop to pray,  
Rewind and reflect on the day, then I pause and I meditate,  
Holy spirit start communing with my soul,  
Fast forward every question gets an answer what a spiritual state,  
Hunger pangs trying get me to break,

Lower nature trying to pull a fast one, send up another prayer to God,  
Lob it up like an alley oop on a fast break, All Powerful throwing down strength!

**[Bridge]**

I follow this mighty law of God out of love, get the facts straight,  
Give all of my soul til I got nothing left, that's the fast lane,  
Detach from the things of this world, spirit soars like jet plane,  
Holding fast to cord of God's laws, or I'm turning into dead weight,  
That's why I fast,

**[Chorus x 2]**

I fast to regenerate heat,  
I fast rising closer to the Thee, (to Thee, to Thee)  
I fast watch it elevate me,  
So fast like it's growing me wings. (that's why I Fast)

**[Verse 3]**

Remember when I was just fast asleep, just counting sheep,  
Almost another casualty of the world, but God chose to add some heat,  
Rising up to the challenge, on mayday bring your A game, no plan B  
No growth, perfection, or excellence,  
Can come without a test so difficulties are heaven sent,  
In fact they're benevolent, lead to the development of holy souls,  
The hotter the flame the purer the gold,  
That's why I fast,

**[Chorus x 2]**

I fast to regenerate heat,  
I fast rising closer to the Thee, (to Thee, to Thee)  
I fast watch it elevate me,  
So fast like it's growing me wings. (that's why I Fast)

**[Outro / Quote]**

*"Well is it with you, as you have followed the Law of God and arisen to observe the Fast during these blessed days, for this physical fast is a symbol of the spiritual fast. This Fast leadeth to the cleansing of the soul from all selfish desires, the acquisition of spiritual attributes, attraction to the breezes of the All-Merciful, and enkindlement with the fire of divine Love."*